

Daily Lunch Specials	Monday 6/27	Allergens	Tuesday 6/28	Allergens	Wednesday 6/29	Allergens	Thursday 6/30	Allergens	Friday 7/1	Allergens
Comfort Equation	Nigerian Obe Ata Braised Chicken	~None	Grilled Tri Tip with Chimichurri	~None	Nihari Gosht (Indian Beef Curry)	~None	Oaxacan Spicy Salsa de Carne Frita (Braised Pork)	~None	Happy July 4th	
Comfort Equation Vegetarian Entrée	Ghanian Peanut Tempeh Stew with Okra	P	Italian Field Roast	G,S	Ginger+Garlic Edamame Succotash	S	Lentil+Jackfruit Spicy Salsa Frita	~None	Happy July 4th	
Comfort Equation Side Vegetable	Seasonal Vegetables	~None	Corn on the Cob	~None	Seasonal Vegetables	~None	Black Beans	~None	Happy July 4th	
Comfort Equation Side Starch	Roasted Yams	D	Roasted Potato	~Nonw	Steamed Jasmine Rice	~None	Steamed Rice	~None	Happy July 4th	
Cooking 101	Pasta Bar	See Signage	Pho Noodle	See Signage	Curry Bar	See Signage	Udon	See Signage	Happy July 4th	

Allergen Key:

G=Wheat Gluten

P=Peanut

T=Tree Nut

E=Eggs

Se=Sesame

S=Soy

F=Fish/Shellfish

D=Dairy

P=Peanut