

Daily Lunch Specials	Monday 1/25	Allergens	Tuesday 1/26	Allergen s	Wednesday 1/27	Allergens	Thursday 1/28	Allergens	Friday 1/29	Allergens
<b>Comfort Equation</b>	Chicken Satay	~None	Taco Tuesday: Pork Carnitas	~None	Beef Bourguignon	G	Cuban Pork Pernil and Sweet Plantain	~None	Fried Chicken	G
<b>Comfort Equation Vegetarian Station</b>	Tofu Satay	S	Taco Tuesday: Ground Lupin with Mushroom, Cauliflower, Onion and Bell Pepper	~None	Mushroom and Shallot Bourguignon	G	Stewed Chickpeas with Ancient Grains	~None	Cajun Dirty Vegan Rice	S
<b>Comfort Equation Side Vegetable</b>	Stir Fried Vegetables	G,S	Seasonal Vegetables	~None	Seasonal Vegetables	~None	Edamame Succotash	~None	Seasonal Vegetables	~None
<b>Comfort Equation Side Starch</b>	Thai Fried Rice	E	Spanish Rice	~None	Farro Pilaf Rice	G	Steamed Rice	~None	Macaroni and Cheese	G,D
<b>Cooking 101</b>	Spring Roll Bar	See Signage	Pho Bar	See Signage	Curry Bar	See Signage	Udon	See Signage	Chef' Choice	See Signage

Allergen Key:

G=Wheat Gluten

P=Peanut

T=Tree Nut

E=Eggs

Se=Sesame

S=Soy

F=Fish/Shellfish

D=Dairy