

**CALTECH DINING SERVICES
BOARD MEAL PLAN**

WEEK 6	2-Nov	3-Nov	4-Nov	5-Nov	6-Nov
Soup	Harvest Mushroom Bisque	Chicken Noodle	French Onion	Chicken Coconut Curry	Clam Chowder
Vegetarian/Vegan Soup	Spring Asparagus ☺	Southwest Roasted Corn ☺	Tomato Basil ❤️🌍	Market Vegetable ❤️🌍	Chili Vegan ❤️🌍
Entrée 1	Glazed Corn Beef	Lemon Scented Flank Steak	Korean Style Short Rib	Mushroom Bacon Swiss Burger /Bratwurst/Hotdogs	Teriyaki Chicken or Chicken Caesar Salad
Entrée 2	Battered Halibut	Citrus Marinated Chicken	Korean BBQ Chicken	Stuffed Shells w/ Marinara Sauce	Baked Ravioli Espanol
Vegetable	Honey Glazed Carrots	Nantucket Blend	Bok Choy >	Green Beans >	Maui Vegetables
Starch	Roasted Red Potatoes	Wild Rice Pilaf *	White Rice >	French Fries	Egg Noodles
Vegan/Vegetarian Bar					
Vegan Entrée	Biryani	Assorted Vegetables w/Cashew Gravy	Vegan Bulgogi >	Vegan Penne w/Meatballs	Stuffed Zuchini >
Grain/Potato/Bean	Roasted Red Potatoes	Wild Rice Pilaf *	White Rice >	French Fries	Egg Noodles
Vegetable	Maple Glazed Carrots	Nantucket Blend	Bok Choy >	Green Beans >	Maui Vegetables
Vegetarian Entrée	Tofu w/ Yellow Curry >	Egg Plant w/ Tomato Gravy	Spicy Tofu >	Veggie Burgers >	Eggplant & Bean Curry Stew >
Pasta Bar					
Pasta	>Penne	>Rotelle	>Linguini	^Egg Noodles	>Fettucini
Sauce 1	>Marinara	>Marinara	>Marinara	>Marinara	>Marinara
Sauce 2	*Pesto	*Chipotle Cream	*Meat Sauce	*Puttanesca	*Alfredo
Bread	Tony's Roll	Garlic Bread	La Brea French	Ciabatta	Tony's Roll
Dessert	Tiramisu	Cookies & Ice Cream	Chocolate Cake (Tony)	Frosted Brownie (Tony)	Novelties
Key	#=Nuts	*=Lacto	~=Ove-Lacto	^=Ovo	>=Vegan
for Vegetarian	contains nuts	contains dairy products	contains eggs & dairy products	contains eggs	contains no animal products