Monday 10/28
Soups of the Day
Clam Chowder F,D,G
Vegetarian Chili ~No Allergens

Entrees @ the Comfort Equation
Leg of Lamb with Garlic Mint Rub ~No Allergens
White Beans and Grains with Lime Basil Pesto D
Orange Chicken G,Se,S

Sides @ the Comfort Equation
Cauliflower+Pepitas ~No Allergens
Asparagus and Garlic ~No Allergens
Rosemary Marble Potato ~No Allergens

Latino Entrees @ the Comfort Equation
Pernil Pork and Plantain ~No Allergens
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Pasta Bar
Your choice of pasta or ravioli, served with your choice of meat sauce or marinara sauce

The Grill
Chicken Philly Sandwich D,G

The Deli
Tuna Salad Melt F,D,E

Wood Fired Pizza Oven
Pizza of the Day

Tuesday 10/29
Soups of the Day
Shrimp Bisque F,D
Greens, White Beans and Barley ~No Allergens

Entrees @ the Comfort Equation
Chicken Banana Curry ~No Allergens
Tofu Banana Curry S
Beef Broccoli G,Se,S

Sides @ the Comfort Equation
Chayote Squash ~No Allergens
Baby Carrots ~No Allergens
Jasmine Rice ~No Allergens

Latino Entrees @ the Comfort Equation
Chicken Chimichanga G,D
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Pho Noodle
Authentic pho noodle bowl served with your choice of tofu, chicken, beef or shrimp

The Grill
Chicken Quesadilla+ Grilled Vegetables G,D

The Deli
Egg Salad Sandwich G,D,E

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
Wednesday 10/30

Soups of the Day
Chicken Noodle G,E
Broccoli Cheddar G,D

Entrees @ the Comfort Equation
Cajun Blackened Catfish+Chile Pineapple Relish F
Tofu+Chile Manzano Pineapple Relish ~No Allergens
Japanese Chicken Curry G;Se,S

Sides @ the Comfort Equation
Mango Jicama and Squash ~No Allergens
Broccoli ~No Allergens
Pumpkin Cheese Grits D

Latino Entrees @ the Comfort Equation
Beef Colorado ~No Allergens
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Curry
Thai coconut curry, served with yellow or red curry,
& your choice tofu, chicken, or beef

The Grill
Patty Melt G,D

The Deli
Chicken Taco Salad D

Wood Fired Pizza Oven
Pizza of the Day

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Thursday 10/31

Soups of the Day
Chicken Coconut Curry ~No Allergens
Vegetarian Minestrone G,E

Entrees @ the Comfort Equation
Pork Loin with Turmeric, Ginger and Garlic ~No Allergens
Butternut Goat Cheese Tart D
Sriracha Chicken G,S,Se

Sides @ the Comfort Equation
Seasonal vegetables ~No Allergens
Roasted Lemon Broccolini ~No Allergens
Roasted Fingerling Potato ~No Allergens

Latino Entrees @ the Comfort Equation
Pollo Pibil ~No Allergens
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Udon
Authentic udon noodle soup bowl, served with your choice
of tofu, chicken, or beef

The Grill
Grilled Ham+3 Cheese+Dijon G,D

The Deli
Chinese Chicken Salad G,D,S

Wood Fired Pizza Oven
Pizza of the Day

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D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
Friday 11/01

Soups of the Day
Cheeseburger D
Curry Potato Leek D

Entrees @ the Comfort Equation
Chicken Jawaneh ~No Allergens
Gardein Fried Rice S
Sweet Chili Cod F,G,Se,S

Sides @ the Comfort Equation
Zucchini and ~No Allergens
Candied Butternut Squash ~No Allergens
Fregola G

Latino Entrees @ the Comfort Equation
Chicken Enchilada D
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Chef’s Special
Chef’s choice of special exhibition entrée

The Grill
#REF!

The Deli
Grilled Cheese and Tomato D,T

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish