### Monday 10/21

**Soups of the Day**
- Chicken Tortilla F,D,G
- Tomato Basil ~No Allergens

**Entrees @ the Comfort Equation**
- Butter Chicken D
- Tikka Masala Spiced Mac and Cheese D,G
- Szechuan Chicken G,Se,S

**Sides @ the Comfort Equation**
- Spaghetti Squash and Spiced Vegetables ~No Allergens
- Seasonal Vegetables ~No Allergens
- Basmati Rice ~No Allergens

**Latino Entrees @ the Comfort Equation**
- Cranberry Chipotle Pork Loin ~No Allergens
- Chef’s Special Entrée
  - Entrée to be determined daily

**Cooking 101**
- Pasta Bar
  - Your choice of pasta or ravioli, served with your choice of meat sauce or marinara sauce

**The Grill**
- Guinness Brats+Bell Peppers+Onion ~No Allergens

**The Deli**
- Tuna Salad Melt F,D,E

**Wood Fired Pizza Oven**
- Pizza of the Day

---

**Tuesday 10/22**

**Soups of the Day**
- Italian Wedding G
- Cream of Mushroom G,D

**Entrees @ the Comfort Equation**
- Buffalo Wings ~No Allergens
- Buffalo Tofu Nuggets G,S
- Beef Green Bean G,Se,S

**Sides @ the Comfort Equation**
- Red Cabbage ~No Allergens
- Carrot and Parsnip ~No Allergens
- Roasted Potato ~No Allergens

**Latino Entrees @ the Comfort Equation**
- Tilapia Cilantro Cream F,D
- Chef’s Special Entrée
  - Entrée to be determined daily

**Cooking 101**
- Pho Noodle
  - Authentic pho noodle bowl served with your choice of tofu, chicken, beef or shrimp

**The Grill**
- Chicken Quesadilla+ Grilled Vegetables G,D

**The Deli**
- Egg Salad Sandwich G,D,E

**Wood Fired Pizza Oven**
- Pizza of the Day

---

*D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish*
Wednesday 10/23

Soups of the Day
- Classic Meatball G
- Spicy Coconut Curry ~No Allergens

Entrees @ the Comfort Equation
- Pork Chile Colorado ~No Allergens
- Nopales Chile Colorado ~No Allergens
- Moo Goo Gai Pan G,Se,S

Sides @ the Comfort Equation
- Fall Root Vegetables ~No Allergens
- Steamed Broccoli ~No Allergens
- Arroz con Gandules ~No Allergens

Latino Entrees @ the Comfort Equation
- Beef Birria ~No Allergens
- Chef’s Special Entrée

Entrée to be determined daily

Cooking 101
- Curry
  Thai coconut curry, served with yellow or red curry, & your choice tofu, chicken, or beef

The Grill
- Falafel and Fries G

The Deli
- Chicken Taco Salad D

Wood Fired Pizza Oven
- Pizza of the Day

Thursday 10/24

Soups of the Day
- Turkey Split Pea ~No Allergens
- Sweet Potato Bisque G, D

Entrees @ the Comfort Equation
- Lomo Saltado ~No Allergens
- Crispy Potato +Quinoa and Cheese D
- Pepper Pork G,S,Se

Sides @ the Comfort Equation
- Swiss Chard ~No Allergens
- Roasted Brussels Sprouts ~No Allergens
- Steak Fries ~No Allergens

Latino Entrees @ the Comfort Equation
- Arroz Con Pollo ~No Allergens
- Chef’s Special Entrée

Entrée to be determined daily

Cooking 101
- Udon
  Authentic udon noodle soup bowl, served with your choice of tofu, chicken, or beef

The Grill
- Grilled Cheese and Tomato G,D

The Deli
- Antipasto Salad G,D

Wood Fired Pizza Oven
- Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
Friday 10/25

Soups of the Day
Clam Chowder F,D
Vegetarian Chili ~No Allergens

Entrees @ the Comfort Equation
Miso Salmon F
Gardein Fried Rice S
Hot Braise Shrimp F,G,Se,S

Sides @ the Comfort Equation
Garlic Green Beans ~No Allergens
Mixed Vegetables ~No Allergens
Rice Pilaf ~No Allergens

Latino Entrees @ the Comfort Equation
Chile Relleno G,D,E
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Chef’s Special
Chef’s choice of special exhibition entrée

The Grill
Hot Dog with Sweet Onions and Fries G

The Deli
Apple Walnut Salad with Blue Cheese D,T

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish