### Monday 9/23

**Soups of the Day**
- Chicken Corn Chowder \( D \)
- Vegetable Barley \( G \)

**Entrees @ the Comfort Equation**
- Chermoula Chicken ~No Allergens
- Stuffed Peppers with Chermoula ~No Allergens
- Beef and Garlic Sauce \( G, Se, S \)

**Sides @ the Comfort Equation**
- Green Beans ~No Allergens
- Roasted Red Potato ~No Allergens
- Basmati Rice ~No Allergens

**Latino Entrees @ the Comfort Equation**
- Spanish Beef and Potato ~No Allergens
- Chef’s Special Entrée
  - Entrée to be determined daily

**Cooking 101**
- Pasta Bar
  - Your choice of pasta or ravioli, served with your choice of meat sauce or marinara sauce

**The Grill**
- Black Bean Mushroom Cheese+Egg on Brioche \( G,D,E \)

**The Deli**
- Santa Fe Salad \( D,E \)

**Wood Fired Pizza Oven**
- Pizza of the Day

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### Tuesday 9/24

**Soups of the Day**
- Beef Noodle \( G \)
- Cream of Broccoli \( D \)

**Entrees @ the Comfort Equation**
- Beef Galbi \( G,S, Se \)
- Tofu Galbi \( G,S, Se \)
- Chicken and Broccoli \( G,S, Se, S \)

**Sides @ the Comfort Equation**
- Chow Mein \( G,E \)
- Chef’s Choice ~No Allergens
  - Jasmine Rice \( D \)

**Latino Entrees @ the Comfort Equation**
- Pollo Guisado ~No Allergens
- Chef’s Special Entrée
  - Entrée to be determined daily

**Cooking 101**
- Pho Noodle
  - Authentic pho noodle bowl served with your choice of tofu, chicken, beef or shrimp

**The Grill**
- Chicken Quesadilla + Grilled Peppers \( G,D \)

**The Deli**
- Chicken Caesar Wrap \( G,E,D,F,S \)

**Wood Fired Pizza Oven**
- Pizza of the Day

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\( D = \text{Dairy} \)  \( G = \text{Wheat Gluten} \)  \( P = \text{Peanut} \)  \( T = \text{Tree Nut} \)  \( E = \text{Eggs} \)  \( Se = \text{Sesame} \)  \( S = \text{Soy} \)  \( F = \text{Fish/Shellfish} \)
### Wednesday 9/25

**Soups of the Day**
- Butternut Squash D
- Posole ~No Allergens

**Entrees @ the Comfort Equation**
- Beef and Pork Lasagna G,D
- Veggie Lasagna G,D
- Sweet Sour Pork G,Se,S

**Sides @ the Comfort Equation**
- Summer Squash ~No Allergens
- Swiss Chard ~No Allergens
- Quinoa Rice Pilaf ~No Allergens

**Latino Entrees @ the Comfort Equation**
- Carnitas ~No Allergens
- Chef’s Special Entrée

**Cooking 101**
- Curry
  - Thai coconut curry, served with yellow or red curry, & your choice tofu, chicken, or beef

**The Grill**
- Western Burger G,D

**The Deli**
- Chicken Pesto Ciabatta G,D,E

**Wood Fired Pizza Oven**
- Pizza of the Day

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### Thursday 9/26

**Soups of the Day**
- Albondigas(Beef) ~No Allergens
- Black Bean ~No Allergens

**Entrees @ the Comfort Equation**
- Chef’s Choice Entrée
- Chickpea Masala G
- Lemon Chicken G,S,Se

**Sides @ the Comfort Equation**
- Rainbow Chard ~No Allergens
- Garlic Potato and Cauliflower ~No Allergens
- Basmati Rice ~No Allergens

**Latino Entrees @ the Comfort Equation**
- Beef Machaca ~No Allergens
- Chef’s Special Entrée

**Cooking 101**
- Udon
  - Authentic udon noodle soup bowl, served with your choice of tofu, chicken, or beef

**The Grill**
- Ancho Chicken Nopales Sandwich G

**The Deli**
- Smoked Salmon BLT F,G,E

**Wood Fired Pizza Oven**
- Pizza of the Day

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*Legend: D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish*
Friday 9/27

Soups of the Day
Manhattan Clam Chowder F,G
Algerian Garbanzo Coconut Curry ~No Allergens

Entrees @ the Comfort Equation
Flank Steak Chimichurri ~No Allergens
Tempeh+Kale and Beans G,S,T
Cod with Thai Chili Sauce F,S,Se,G

Sides @ the Comfort Equation
Cabbage Paprika G
Steamed Broccoli and Bell Peppers ~No Allergens
Roasted Potato ~No Allergens

Latino Entrees @ the Comfort Equation
Pork Chile Verde ~No Allergens
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Chef’s Special
Chef’s choice of special exhibition entrée

The Grill
Sriracha Jack Turkey Burger G,D,E

The Deli
Roast Beef Wrap G,D,E

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish