Monday 9/16
Soups of the Day
Cream of Broccoli  
Tomato  ~No Allergens

Entrees @ the Comfort Equation
Chicken Makhani (Butter Sauce)  D  
Gardein Vindaloo  S  
Pork Thai Chili Garlic  G,Se,S

Sides @ the Comfort Equation
Green Beans  ~No Allergens  
Steamed Butternut  ~No Allergens  
Basmati Rice  ~No Allergens

Latino Entrees @ the Comfort Equation
Lamb Birria  ~No Allergens  
Chef’s SpecialEntrée  
Entrée to be determined daily

Cooking 101
Pasta Bar  
Your choice of pasta or ravioli, served with your choice of meat sauce or marinara sauce

The Grill
Avocado Swiss Turkey Burger with Egg  G,D, E

The Deli
Egg Salad  ~No Allergens

Wood Fired Pizza Oven
Pizza of the Day

---

Tuesday 9/17
Soups of the Day
Chicken Tortilla  ~No Allergens  
Cream of Cauliflower  D

Entrees @ the Comfort Equation
Pork Loin Chimichurri  ~No Allergens  
Quinoa + Southwest Vegetables  S  
Chicken Black Bean Sauce  G,Se,S

Sides @ the Comfort Equation
Succotash  ~No Allergens  
Kale  ~No Allergens  
Mashed Potato  D

Latino Entrees @ the Comfort Equation
Chili Pork Colorado  ~No Allergens  
Chef’s SpecialEntrée  
Entrée to be determined daily

Cooking 101
Pho Noodle  
Authentic pho noodle bowl served with your choice of tofu, chicken, beef or shrimp

The Grill
Philly Cheesesteak  G,D

The Deli
Strawberry Cobb  G,E

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
**Wednesday 9/18**

**Soups of the Day**
- Beef Chili ~No Allergens
- Vegetable Barley G

**Entrees @ the Comfort Equation**
- Pot Roast ~No Allergens
- Farro Almond Herbs T, G
- Beef and Green Beans G,Se,S

**Sides @ the Comfort Equation**
- Summer Squash ~No Allergens
- Red Cabbage ~No Allergens
- Candied Yams ~No Allergens

**Latino Entrees @ the Comfort Equation**
- Pollo Asado See Signage
- Chef's Special Entrée
- Entrée to be determined daily

**Cooking 101**
- Curry
  - Thai coconut curry, served with yellow or red curry, & your choice tofu, chicken, or beef

**The Grill**
- Chicken+Provolone Sandwich G,D

**The Deli**
- Italian Ciabatta G,D,E

**Wood Fired Pizza Oven**
- Pizza of the Day

---

**Thursday 9/19**

**Soups of the Day**
- Creamy Baked Potato D
- Market Vegetable ~No Allergens

**Entrees @ the Comfort Equation**
- Chef’s Choice Entrée
- Mixed Beans with Pasta G
- Orange Chicken G,S,Se

**Sides @ the Comfort Equation**
- Rainbow Chard ~No Allergens
- Asparagus ~No Allergens
- Saffron Rice ~No Allergens

**Latino Entrees @ the Comfort Equation**
- Carne Estofada (Braised Beef) ~No Allergens
- Chef’s Special Entrée
- Entrée to be determined daily

**Cooking 101**
- Udon
  - Authentic udon noodle soup bowl, served with your choice of tofu, chicken, or beef

**The Grill**
- Beef Quesadilla with Sauteed Bell Pepper G, D

**The Deli**
- Spinach Salad D

**Wood Fired Pizza Oven**
- Pizza of the Day

---

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
Friday 9/20

Soups of the Day
Clam Chowder F,D
Southwest Vegetable ~No Allergens

Entrees @ the Comfort Equation
Salmon Mint Pesto F, D
Wild Rice with Nuts T
Szechuan Spicy Shrimp F,S,Se,G

Sides @ the Comfort Equation
Spinach with Garlic G
Steamed Broccoli and Bell Peppers ~No Allergens
Roasted Potato ~No Allergens

Latino Entrees @ the Comfort Equation
Fish Tacos F,G
Chef's Special Entrée
*Entrée to be determined daily*

Cooking 101
Chef’s Special
*Chef's choice of special exhibition entrée*

The Grill
Tuna Melt F. D

The Deli
Chicken Caprese Ciabatta G,D

Wood Fired Pizza Oven
*Pizza of the Day*

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish