**Monday 9/9**

**Soups of the Day**
- Beef Rice ~No Allergens
- Cabbage Garlic Potato ~No Allergens

**Entrees @ the Comfort Equation**
- Flank, Red Wine Mushroom Sauce ~No Allergens
- Beans + Tofu in Red Wine Mushroom Sauce
- Salt and Pepper Pork G,Se,S

**Sides @ the Comfort Equation**
- Braised Chard ~No Allergens
- Cabbage + Garlic ~No Allergens
- Virginia Caviar ~No Allergens

**Latino Entrees @ the Comfort Equation**
- Pollo Oaxaca (Salsa Verde) ~No Allergens
- Chef’s Special Entrée
- Entrée to be determined daily

**Cooking 101**

**Pasta Bar**
*Your choice of pasta or ravioli, served with your choice of meat sauce or marinara sauce*

**The Grill**
- Chili Cheese Dog G,D

**The Deli**
- Kale Salad + Roasted Butternut ~No Allergens

**Wood Fired Pizza Oven**
*Pizza of the Day*

---

**Tuesday 9/10**

**Soups of the Day**
- Chicken Noodle G,E
- Bacon Potato Cheddar D

**Entrees @ the Comfort Equation**
- BBQ Pork Spare Ribs ~No Allergens
- BBQ Tofu S
- Chicken and Garlic Sauce G,Se,S

**Sides @ the Comfort Equation**
- Lemon Asparagus ~No Allergens
- Corn on the Cob ~No Allergens
- Roasted Potato ~No Allergens

**Latino Entrees @ the Comfort Equation**
- Pork Carnitas ~No Allergens
- Chef’s Special Entrée
- Entrée to be determined daily

**Cooking 101**

**Pho Noodle**
*Authentic pho noodle bowl served with your choice of tofu, chicken, beef or shrimp*

**The Grill**
- Chicken + Roasted Onion Quesadilla G,D

**The Deli**
- Egg Salad + Arugula Sandwich G,E

**Wood Fired Pizza Oven**
*Pizza of the Day*

---

**D**=Dairy  **G**=Wheat Gluten  **P**=Peanut  **T**=Tree Nut  **E**=Eggs  **Se**=Sesame  **S**=Soy  **F**=Fish/Shellfish
Wednesday 9/11

Soups of the Day
Chicken Tortilla ~No Allergens
Cream of Mushroom D

Entrees @ the Comfort Equation
Algerian Chicken ~No Allergens
Spinach + Feta Garbanzo D
Beef + Vegetables G,Se,S

Sides @ the Comfort Equation
Ratatouille ~No Allergens
Mustard+Collard Greens ~No Allergens
Spiced Basmati Rice ~No Allergens

Latino Entrees @ the Comfort Equation
Chicken Posole ~No Allergens
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Curry
Thai coconut curry, served with yellow or red curry, & your choice tofu, chicken, or beef

The Grill
Turkey Melt G,D

The Deli
Quinoa+Corn+Feta+ Herbs D,E

Wood Fired Pizza Oven
Pizza of the Day
D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish

Thursday 9/12

Soups of the Day
Beef Bean ~No Allergens
Vegetable Farro G

Entrees @ the Comfort Equation
Chef’s Choice Entrée
Roasted Vegetables + Tofu ~No Allergens
Sweet and Sour Chicken G,S,Se

Sides @ the Comfort Equation
Asparagus ~No Allergens
Sauteed Summer Squashes ~No Allergens
Garlic Herb Roasted Red Bliss Potato ~No Allergens

Latino Entrees @ the Comfort Equation
Pork Chicharron Yucatan ~No Allergens
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Udon
Authentic udon noodle soup bowl, served with your choice of tofu, chicken, or beef

The Grill
Mediterranean Burger with Feta + Tzatziki G,D

The Deli
Feta, Nectarine, Mint Salad D

Wood Fired Pizza Oven
Pizza of the Day
D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
Friday 9/13

Soups of the Day
Chicken with Corn and Black Bean ~No Allergens
Cream of Asparagus Leek D

Entrees @ the Comfort Equation
Lemon Chicken ~No Allergens
Ancient Grains + Root Vegetables G
General Tso’s Tofu S,Se,G

Sides @ the Comfort Equation
Fried Okra G
Roasted Carrot ~No Allergens
Garbanzo Ratatouille ~No Allergens

Latino Entrees @ the Comfort Equation
Fish Taco F,G
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Chef’s Special
Chef’s choice of special exhibition entrée

The Grill
Cuban Chicken Adobo Sandwich G,D

The Deli
Turkey with Hummus and Swiss Ciabatta G,D

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish