Monday 8/12

Soups of the Day
Chicken Tortilla ~No Allergens
Spinach and Mushroom ~No Allergens

Entrees @ the Comfort Equation
BBQ Spareribs ~No Allergens
BBQ Tofu ~No Allergens
Chicken Stir Fry Vegetables G,Se,S

Sides @ the Comfort Equation
Corn on the Cob ~No Allergens
Collard Greens ~No Allergens
BBQ Beans ~No Allergens

Latino Entrees @ the Comfort Equation
Chicken Enchilada ~No Allergens
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Pasta Bar
Your choice of pasta or ravioli, served with your choice of meat sauce or marinara sauce

The Grill
Double Bacon Cheeseburger G,D

The Deli
Tuna Melt F,G,D,E

Wood Fired Pizza Oven
Pizza of the Day

Tuesday 8/13

Soups of the Day
Bacalao Leek and Potato F
Market Vegetables ~No Allergens

Entrees @ the Comfort Equation
Chicken Piccata G
Spanish Garbanzo ~No Allergens
Beef Broccoli G,Se,S

Sides @ the Comfort Equation
Steamed Lemon Asparagus ~No Allergens
Root Vegetables and Summer Herbs ~No Allergens
Buttered Pasta with Herbs G,D

Latino Entrees @ the Comfort Equation
Beef Chile Colorado ~No Allergens
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Pho Noodle
Authentic pho noodle bowl served with your choice of tofu, chicken, beef or shrimp

The Grill
Cotija and Sauteed Veggie Quesadilla G,D

The Deli
Egg Salad Sandwich G,E

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
### Wednesday 8/14

**Soups of the Day**
- Beef Farro G
- Tomato ~No Allergens

**Entrees @ the Comfort Equation**
- Braised Pot Roast ~No Allergens
- Ratatouille Quinoa ~No Allergens
- Braised Tofu with Wild Mushroom G,Se,S

**Sides @ the Comfort Equation**
- Swiss Chard ~No Allergens
- Broccolini ~No Allergens
- Mashed Potato D

**Latino Entrees @ the Comfort Equation**
- Spanish Pork Cutlet ~No Allergens
- Chef’s Special Entrée
  - Entrée to be determined daily

**Cooking 101**
- Curry
  - Thai coconut curry, served with yellow or red curry, & your choice tofu, chicken, or beef

**The Grill**
- Black Bean Burger with Egg and Avocado G,E

**The Deli**
- SW Chicken Salad D,S

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### Thursday 8/15

**Soups of the Day**
- Chicken Rice with Dill ~No Allergens
- Curried Lentil ~No Allergens

**Entrees @ the Comfort Equation**
- Lemon Chicken ~No Allergens
- Cheese Manicotti G,D,E
- Sweet Sour Chicken G,Se,S

**Sides @ the Comfort Equation**
- Broccoli Rabe ~No Allergens
- Chef’s Choice Veggies ~No Allergens
- Steamed Jasmine Rice ~No Allergens

**Latino Entrees @ the Comfort Equation**
- Achiote Chicken ~No Allergens
- Chef’s Special Entrée
  - Entrée to be determined daily

**Cooking 101**
- Udon
  - Authentic udon noodle soup bowl, served with your choice of tofu, chicken, or beef

**The Grill**
- Jalapeno Chicken with Jack Cheese G,D

**The Deli**
- Italian Ciabatta G,D

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**Wood Fired Pizza Oven**
- **Pizza of the Day**
  - **D**=Dairy  **G**=Wheat Gluten  **P**=Peanut  **T**=Tree Nut  **E**=Eggs  **Se**=Sesame  **S**=Soy  **F**=Fish/Shellfish
Friday 8/16

Soups of the Day
Pork Pozole ~No Allergens
Moroccan Lentil ~No Allergens

Entrees @ the Comfort Equation
Spicy Salmon with Charred Old Bay Lemon Aioli F,E
Grilled Tofu with Charred Lemon Old Bay Aioli S
Shrimp with Garlic Sauce F,G,Se,S

Sides @ the Comfort Equation
Garlic Summer Green Beans ~No Allergens
Roasted Squash with Onion and Garlic ~No Allergens
Edamame Rice S

Latino Entrees @ the Comfort Equation
Beef Machaca ~No Allergens
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Chef’s Special
Chef’s choice of special exhibition entrée

The Grill
Philly Cheese Steak G,D

The Deli
Cobb Salad D,E

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish