Monday 8/5
Soups of the Day
Chicken Tortilla ~No Allergen
Cream of Corn D

Entrees @ the Comfort Equation
Lemongrass Chicken ~No Allergen
Gardein Fried Rice G,S
Beef and Black Bean Sauce G,Se,S

Sides @ the Comfort Equation
Blistered Green Beans and Sesame Se
Edamame S
Brown Rice Pilaf ~No Allergen

Latino Entrees @ the Comfort Equation
Cheese Enchilada D
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Pasta Bar
Your choice of pasta or ravioli, served with your choice of meat sauce or marinara sauce

The Grill
Chili Cheese Beef Hot Dog G,D

The Deli
Green Goddess Chicken Sandwich + Pickles G,E

Wood Fired Pizza Oven
Pizza of the Day

Tuesday 8/6
Soups of the Day
Chicken Noodle G
Cream of Spinach D

Entrees @ the Comfort Equation
Trout with Mint Harissa F
Sundried Tomato Cheese Polenta D
Kung Pao Chicken G,Se,S,P

Sides @ the Comfort Equation
Chef Choice ~No Allergen
Kale ~No Allergen
Orange Saffron Rice ~No Allergen

Latino Entrees @ the Comfort Equation
Carne Asada ~No Allergen
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Pho Noodle
Authentic pho noodle bowl served with your choice of tofu, chicken, beef or shrimp

The Grill
Chicken Quesadilla G,D

The Deli
Tuna Spring Mix Salad + Shallot Citrus Vinaigrette F

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
Wednesday 8/7

Soups of the Day
Chicken Gumbo G
Lentil ~No Allergen

Entrees @ the Comfort Equation
Flank Steak with Smoked Pepper Chimichurri ~No Allergen
Mac and Cheese with Broccoli G,D
Pork Mapo Tofu G,Se,S

Sides @ the Comfort Equation
Sauteed Spinach ~No Allergen
Swiss Chard ~No Allergen
Mashed Potato ~No Allergen

Latino Entrees @ the Comfort Equation
Arroz con Pollo ~No Allergen
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Curry
Thai coconut curry, served with yellow or red curry, & your choice tofu, chicken, or beef

The Grill
Chicken Philly Cheesesteak G,D

The Deli
Turkey Panini +Hummus+Arugula G

Wood Fired Pizza Oven
Pizza of the Day
D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish

Thursday 8/8

Soups of the Day
Cream of Broccoli G,D
Minestrone ~No Allergen

Entrees @ the Comfort Equation
Cherry Glazed Pork Loin ~No Allergen
Summer Beans and Stewed Tomato ~No Allergen
Shrimp with Green Bean F,G,Se,S

Sides @ the Comfort Equation
Mixed Summer Vegetables ~No Allergen
Squash and Onion ~No Allergen
Farro + Herbs G

Latino Entrees @ the Comfort Equation
Chili Relleno G,D
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Udon
Authentic udon noodle soup bowl, served with your choice of tofu, chicken, or beef

The Grill
Turkey Melt G,D

The Deli
Chicken Nicoise E

Wood Fired Pizza Oven
Pizza of the Day
D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
Friday 8/9

Soups of the Day
Vegetable Beef ~No Allergen
Garlic Wild Rice ~No Allergen

Entrees @ the Comfort Equation
Chicken Cacciatore ~No Allergen
Quinoa Succotash ~No Allergen
Sweet and Sour Pork G,Se,S

Sides @ the Comfort Equation
Steamed Broccoli ~No Allergen
Asparagus ~No Allergen
Roasted Potato ~No Allergen

Latino Entrees @ the Comfort Equation
Carnitas con Nopales ~No Allergen
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Chef’s Special
Chef’s choice of special exhibition entrée

The Grill
Black Bean with Hummus +Avocado+Egg G,E

The Deli
Cucumber+Peach+ Mint+ Feta D

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish