Monday 7/29
Soups of the Day
Chicken Apple Sausage Gumbo G
Creamy Tomato Basil D

Entrees
Hungarian Beef Goulash ~No Allergen

Vegetarian Entrée

Vegan Entrée
Seitan with Vegetables S

Vegetable of the Day
Lemon Asparagus ~No Allergen

Starch of the Day
Egg Noodle G

Pasta Bar
(not available at Chandler)

Bread

Dessert
(not available at Chandler)

Tuesday 7/30
Soups of the Day
Beef Barley with Cabbage G
Potato Leek D

Entrees
Roasted Salmon Caper Beurre Blanc F,D

Vegetarian Entrée
Macaroni and Cheese G,D

Vegan Entrée

Vegetable of the Day
Chef’s Choice ~No Allergen

Starch of the Day
Roasted Potato D

Pasta Bar
(not available at Chandler)

Bread

Dessert
(not available at Chandler)

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
### Wednesday 7/31

**Soups of the Day**
- Southwestern Chicken Black Bean ~No Allergen
- Lentil Vegetable ~No Allergen

**Entrée**
- Beef & Broccoli S,G,Se

**Vegetarian Entrée**

**Vegan Entrée**
- Stir Fry Seitan S,G

**Vegetable of the Day**
- Garlic Green Beans ~No Allergen

**Starch of the Day**
- Jasmine Rice ~No Allergen

**Pasta Bar**
- (not available at Chandler)

**Bread**

**Dessert**
- (not available at Chandler)

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### Thursday 8/1

**Soups of the Day**
- Beef Noodle G, D
- Cream of Broccoli D

**Entrée**
- Pollo (chicken) con Adobo ~No Allergen

**Vegetarian Entrée**

**Vegan Entrée**
- Garlic Black Bean with Bell Peppers+Tofu S

**Vegetable of the Day**
- Roasted Zucchini and Yellow Squash ~No Allergen

**Starch of the Day**
- Spanish Rice ~No Allergen

**Pasta Bar**
- (not available at Chandler)

**Bread**

**Dessert**
- (not available at Chandler)

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D = Dairy  G = Wheat Gluten  P = Peanut  T = Tree Nut  E = Eggs  Se = Sesame  S = Soy  F = Fish/Shellfish
DINNER MENU

Friday 8/2

Soups of the Day
Chicken Tortilla ~No Allergen
Creamy Corn with Garlic D

Entrees
Chicken Romesco G,T

Vegetarian Entrée
Tempeh Marinara G,S

Vegan Entrée

Vegetable of the Day
Steamed Cauliflower ~No Allergen

Starch of the Day
Pesto Penne D

Pasta Bar
(not available at Chandler)

Bread

Dessert
(not available at Chandler)

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  S=Sesame  S=Soy  F=Fish/Shellfish