Monday 7/29
Soups of the Day
Beef Barley G
Cuban Black Bean ~No Allergen
Entrees @ the Comfort Equation
Chimichurri Beef Flank ~No Allergen
Cheese Tortellini+Pesto G,D
Chicken in Garlic Sauce G,Se,S
Sides @ the Comfort Equation
Roasted Butternut Squash ~No Allergen
Roasted Okra ~No Allergen
Roasted Sweet Potato D
Latino Entrees @ the Comfort Equation
Pork Chili Verde ~No Allergen
Chef’s Special Entrée
Entrée to be determined daily
Cooking 101
Pasta Bar
Your choice of pasta or ravioli, served with your choice of meat sauce or marinara sauce
The Grill
Black Bean Burger with Egg and Avocado G,E
The Deli
Cobb Salad D,E
Wood Fired Pizza Oven
Pizza of the Day

Tuesday 7/30
Soups of the Day
Chicken Apple Sausage Gumbo G
Creamy Tomato Basil D
Entrees @ the Comfort Equation
Turkey Lasagna G,D
Vegetable Lasagna G,D
Sweet Sour Pork G,Se,S
Sides @ the Comfort Equation
Chef Choice ~No Allergen
Green Beans ~No Allergen
Roasted Potato ~No Allergen
Latino Entrees @ the Comfort Equation
Achiote Chicken ~No Allergen
Chef’s Special Entrée
Entrée to be determined daily
Cooking 101
Pho Noodle
Authentic pho noodle bowl served with your choice of tofu, chicken, beef or shrimp
The Grill
Mushroom + Poblano Cotija Quesadilla G,D
The Deli
Turkey Panini G,D
Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
**Wednesday 7/31**

**Soups of the Day**
- Beef Barley with Cabbage G
- Potato Leek D

**Entrees @ the Comfort Equation**
- Beef Pepper Steak G,S
- Stir Fry Tofu G,S
- Asparagus Beef G,Se,S

**Sides @ the Comfort Equation**
- Steamed Broccolini ~No Allergen
- Squash and Onion ~No Allergen
- Jasmine Rice ~No Allergen

**Latino Entrees @ the Comfort Equation**
- Chicken Enchilada D
- Chef’s Special Entrée
- Entrée to be determined daily

**Cooking 101**
- Curry
  - Thai coconut curry, served with yellow or red curry, & your choice tofu, chicken, or beef

**The Grill**
- Double Bacon Avocado Cheese Burger G,D

**The Deli**
- Asian Chicken Salad S,Se,G

**Wood Fired Pizza Oven**
- Pizza of the Day

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**Thursday 8/1**

**Soups of the Day**
- Southwestern Chicken Black Bean ~No Allergen
- Lentil Vegetable ~No Allergen

**Entrees @ the Comfort Equation**
- Apricot Glazed Chicken ~No Allergen
- Moroccan Seitan S
- Orange Chicken G,Se,S

**Sides @ the Comfort Equation**
- Mixed Summer Vegetables ~No Allergen
- Asparagus ~No Allergen
- Quinoa Couscous G

**Latino Entrees @ the Comfort Equation**
- Carne Asada ~No Allergen
- Chef’s Special Entrée
- Entrée to be determined daily

**Cooking 101**
- Udon
  - Authentic udon noodle soup bowl, served with your choice of tofu, chicken, or beef

**The Grill**
- Tuna Melt G,D,F

**The Deli**
- New Orleans Muffaleta G,D

**Wood Fired Pizza Oven**
- Pizza of the Day

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Friday 8/2

Soups of the Day
Beef Noodle G
Cream of Broccoli ~No Allergen

Entrees @ the Comfort Equation
Spanish Tilapia F
Spinach & Chickpea ~No Allergen
Fish in Hot Chili Sauce F,G,Se,S

Sides @ the Comfort Equation
Roasted Cauliflower ~No Allergen
Asparagus ~No Allergen
Spiced Farro Brown Rice G

Latino Entrees @ the Comfort Equation
Seafood & Pork Sausage Paella F
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Chef’s Special
Chef’s choice of special exhibition entrée

The Grill
Grilled Cheese and Tomato G,D

The Deli
Italian Ciabatta G,D

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish