**Monday 7/15**

**Soups of the Day**
- Manhattan Clam Chowder F
- Garden Vegetable ~No Allergen

**Entrees @ the Comfort Equation**
- Tortellini with Blush Sauce G,D
- Aloo Ghobi ~No Allergen
- Beef Broccoli G,Se,S

**Sides @ the Comfort Equation**
- Steamed Asparagus + Lemon ~No Allergen
- Chard ~No Allergen
- Rice Pilaf ~No Allergen

**Latino Entrees @ the Comfort Equation**
- Beef Machaca ~No Allergen
- Chef’s Special Entrée
- Entrée to be determined daily

**Cooking 101**
- Pasta Bar
  - Your choice of pasta or ravioli, served with your choice of
    meat sauce or marinara sauce

**The Grill**
- Beef Chili Cheese Dog G,D

**The Deli**
- Arugula Salad + Peaches, Goat Cheese D

**Wood Fired Pizza Oven**
- Pizza of the Day

**Tuesday 7/16**

**Soups of the Day**
- Split Pea with Smoked Turkey ~No Allergen
- Market Vegetable ~No Allergen

**Entrees @ the Comfort Equation**
- BBQ Pork Spareribs ~No Allergen
- Quinoa with Blackeye Peas + Kale ~No Allergen
- Orange Chicken G,Se,S

**Sides @ the Comfort Equation**
- Zucchini+ Squash+Garlic+Onion ~No Allergen
- Mustard Greens ~No Allergen
- Roasted Potato ~No Allergen

**Latino Entrees @ the Comfort Equation**
- Carnitas ~No Allergen
- Chef’s Special Entrée
- Entrée to be determined daily

**Cooking 101**
- Pho Noodle
  - Authentic pho noodle bowl served with your choice of tofu, chicken, beef or shrimp

**The Grill**
- Double Cheeseburger + Grilled Onion + Avo G,D

**The Deli**
- Egg Salad Sandwich G,E

**Wood Fired Pizza Oven**
- Pizza of the Day

_D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish_
<table>
<thead>
<tr>
<th>Wednesday 7/17</th>
<th>Thursday 7/18</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Soups of the Day</strong></td>
<td><strong>Soups of the Day</strong></td>
</tr>
<tr>
<td>Chicken Noodle G,E</td>
<td>Cheeseburger D</td>
</tr>
<tr>
<td>Vegetable Coconut Curry ~No Allergen</td>
<td>Minestrone ~No Allergen</td>
</tr>
<tr>
<td><strong>Entrees @ the Comfort Equation</strong></td>
<td><strong>Entrees @ the Comfort Equation</strong></td>
</tr>
<tr>
<td>Chicken Penne G</td>
<td>Flank Steak Chimichurri ~No Allergen</td>
</tr>
<tr>
<td>Wild Mushroom Pilaf with Peas + Carrots + Parm D</td>
<td>Spiced Lentils+Cauliflower ~No Allergen</td>
</tr>
<tr>
<td>Kung Pao Pork G,Se,S</td>
<td>Cashew Chicken G,Se,S,T</td>
</tr>
<tr>
<td><strong>Sides @ the Comfort Equation</strong></td>
<td><strong>Sides @ the Comfort Equation</strong></td>
</tr>
<tr>
<td>Ratatouille ~No Allergen</td>
<td>Sauteed Cabbage ~No Allergen</td>
</tr>
<tr>
<td>Garlic Green Beans ~No Allergen</td>
<td>Mixed Summer Vegetables ~No Allergen</td>
</tr>
<tr>
<td>Jasmine Rice ~No Allergen</td>
<td>Tater Tots G</td>
</tr>
<tr>
<td><strong>Latino Entrees @ the Comfort Equation</strong></td>
<td><strong>Latino Entrees @ the Comfort Equation</strong></td>
</tr>
<tr>
<td>Chicken Mole G,P,Se</td>
<td>Baja Garlic Shrimp F</td>
</tr>
<tr>
<td>Chef’s Special Entrée</td>
<td>Chef’s Special Entrée</td>
</tr>
<tr>
<td>Entrée to be determined daily</td>
<td>Entrée to be determined daily</td>
</tr>
<tr>
<td><strong>Cooking 101</strong></td>
<td><strong>Cooking 101</strong></td>
</tr>
<tr>
<td><strong>Curry</strong></td>
<td>Udon</td>
</tr>
<tr>
<td>Thai coconut curry, served with yellow or red curry, &amp; your choice tofu, chicken, or beef</td>
<td>Authentic udon noodle soup bowl, served with your choice of tofu, chicken, or beef</td>
</tr>
<tr>
<td><strong>The Grill</strong></td>
<td><strong>The Grill</strong></td>
</tr>
<tr>
<td>Chicken Quesadilla G,D</td>
<td>Grilled Pork Knockwurst + Peppers + Onions D,G</td>
</tr>
<tr>
<td><strong>The Deli</strong></td>
<td><strong>The Deli</strong></td>
</tr>
<tr>
<td>Chinese Chicken Salad G,S,Se</td>
<td>Roasted Vegetable Avocado Wrap G</td>
</tr>
<tr>
<td><strong>Wood Fired Pizza Oven</strong></td>
<td><strong>Wood Fired Pizza Oven</strong></td>
</tr>
<tr>
<td>Pizza of the Day</td>
<td>Pizza of the Day</td>
</tr>
</tbody>
</table>

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shelfish
Friday 7/19

Soups of the Day
- Italian Wedding G
- Sweet Potato Bisque D

Entrees @ the Comfort Equation
- Roasted Tilapia F
- Vegetable Vindaloo ~No Allergen
- Tofu Garlic Sauce G,Se,S

Sides @ the Comfort Equation
- Candied Carrots ~No Allergen
- Sautéed Eggplant ~No Allergen
- Creamy Cheese Polenta D

Latino Entrees @ the Comfort Equation
- Oxtail Stew ~No Allergen
- Chef’s Special Entrée
- Entrée to be determined daily

Cooking 101
- Chef’s Special
  Chef’s choice of special exhibition entrée

The Grill
- Tuna Melt F,G,D,E

The Deli
- Grilled Stone Fruit + Feta Salad D

Wood Fired Pizza Oven
- Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish