Cats 350 Weekly Specials

Monday 3/29

Lunch:
- Lavender Honey Glaze Chicken Quarters
- Lavender Honey Glazed Tofu with Quinoa and Herbs (veg,S)
- with Green & Yellow Squash with Garlic, Roasted Potato

Dinner:
- Spaghetti and Meatballs (G,D)
- Spaghetti and Soy Meatballs (veg)
- with Steamed Vegetables, Garlic Bread (G)

Tuesday 3/30

Lunch:
- Pork Carnitas & Tia Marta's Fresh Tortillas
- Farro with Veggies & Fonio (veg,G)
- with Roasted Red Cabbage with Garlic & Onions, Pinto Beans

Dinner:
- Chicken Tagine and Roasted Grape
- Tahini Tofu and Veggie Skewers (veg,S,Se)
- with Steamed Vegetables, Rice Pilaf with Barley

Wednesday 3/31

Lunch:
- Vietnamese Beef Stir Fry(F,G,S,Se)
- Lemongrass Chili Tofu (veg,S)
- with Stir Fried Vegetables, Steamed Jasmine Rice

Dinner:
- Grilled Chicken Marinated in Umeshu with Pickle Salad (S)
- Tofu Marinated in Umeshu (veg,S)
- with Buttered Candied Carrots (D), Steamed Brown Rice

Thursday 4/1

Lunch:
- Chili Rojo Beef
- Costa Rican Gallo Pinto (veg)
- with Garlic Green Beans, Rice Pilaf

Dinner:
- Cider Roasted Chicken Thighs
- Chickpea Stew with Veggies (veg)
- with Sauteed Kale, Roasted Potato with Rosemary

Friday 4/2

Lunch:
- Italian Pork Roast with Sun Dried Tomato Tapenade
- Chana Masala (veg)
- with Seasonal Vegetables, Candied Yams (D)

Dinner:
- Kung Pao Shrimp (G,F,S,Se)
- Kung Pao Vegetables and Tofu (veg,G,S,Se)
- with Stir Fried Vegetables, Steamed White Rice