<table>
<thead>
<tr>
<th>Daily Lunch Specials</th>
<th>Monday 1/25</th>
<th>Allergens</th>
<th>Tuesday 1/26</th>
<th>Allergens</th>
<th>Wednesday 1/27</th>
<th>Allergens</th>
<th>Thursday 1/28</th>
<th>Allergens</th>
<th>Friday 1/29</th>
<th>Allergens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Comfort Equation</td>
<td>Chicken Satay</td>
<td>~None</td>
<td>Taco Tuesday: Pork Carnitas</td>
<td>~None</td>
<td>Beef Bourguignon</td>
<td>G</td>
<td>Cuban Pork Pernil and Sweet Plantain</td>
<td>~None</td>
<td>Fried Chicken</td>
<td>G</td>
</tr>
<tr>
<td>Vegetarian Station</td>
<td>Tofu Satay</td>
<td>S</td>
<td>Taco Tuesday: Ground Lupin with Mushroom, Cauliflower, Onion and Bell Pepper</td>
<td>~None</td>
<td>Mushroom and Shallot Bourguignon</td>
<td>G</td>
<td>Stewed Chickpeas with Ancient Grains</td>
<td>~None</td>
<td>Cajun Dirty Vegan Rice</td>
<td>S</td>
</tr>
<tr>
<td>Side Vegetable</td>
<td>Stir Fried Vegetables</td>
<td>G,S</td>
<td>Seasonal Vegetables</td>
<td>~None</td>
<td>Seasonal Vegetables</td>
<td>~None</td>
<td>Edamame Succotash</td>
<td>~None</td>
<td>Seasonal Vegetables</td>
<td>~None</td>
</tr>
<tr>
<td>Side Starch</td>
<td>Thai Fried Rice</td>
<td>E</td>
<td>Spanish Rice</td>
<td>~None</td>
<td>Farro Pilaf Rice</td>
<td>G</td>
<td>Steamed Rice</td>
<td>~None</td>
<td>Macaroni and Cheese</td>
<td>G,D</td>
</tr>
</tbody>
</table>

**Cooking 101**

- Spring Roll Bar: See Signage
- Pho Bar: See Signage
- Curry Bar: See Signage
- Udon: See Signage
- Chef's Choice: See Signage

**Allergen Key:**
- G=Wheat Gluten
- P=Peanut
- T=Tree Nut
- E=Eggs
- S=Sesame
- S=Soy
- F=Fish/Shellfish
- D=Dairy